

Narrogin Residential College

MEAL PLANNER

Week Four
5-8 ~ 11-8



	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	Cold Breakfast	Processed Snacks	Make Your Own	Chicken Burgers	Fruit & Custard	Cheese & Crackers
Tue	Coco-pop day	Popcorn	Make your Own	Butter Chicken, Rice & Salad	Brownies	Cheesies
Wed	Cooked Breakfast	Mini Quiche	Make Your Own	He Ti Min, Chops, Vegetables & Salad	Ice Cream	Blondies
Thur	Cold Breakfast	Processed Snacks	Make your Own	Chicken Carbonara, Chicken schnitzels & Salad	Trifle	Platter
Fr i	Cold Breakfast	Scrolls	Make Your Own	Cob Loaves, Chips & Pizza boats	Apple Pie	Muffins
Sa t	Cold Breakfast	X	Meat & Gravy Rolls	Kebabs, Chips & Salad	Choc Cobbler	Biscuits
Sun	Cold Breakfast	X	Pies & Pasties	Lasagne & Salad	Slice	Cake