

Narrogin Residential College

MEAL PLANNER

Week Two
22-7 ~ 28-7



	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
Mon	Cold Breakfast	Processed Snacks	Make Your Own	Tacos & Salad	Fruit & Custard	Biscuit Portions
Tue	Coco-pop day	Popcorn	Make your Own	Casserole & Pasta Bake & Salad	Ice Cream	Muffins
Wed	Cooked Breakfast	Pizza's	Make Your Own	Chicken Parmi, Potato Bake & Vegetables	Mousse & Biscuits	Platter
Thur	Cold Breakfast	Processed Snacks	Make your Own	Fried Rice, Honey Chicken & Sweet & Sour Pork	Butterscotch Cobbler	Cheesies
Fr i	Cold Breakfast	Mini Sausage rolls	Make Your Own	Kebabs, Chips & Salad	Lemon Slab Cake	Blondies
Sa t	Cold Breakfast	X	Soup & Garlic Bread	Steak Sandwiches & Salad	Slice	Biscuits
Sun	Cold Breakfast	X	Pies & Sausage Rolls	Lasagne & Salad	Brownies & Ice Cream	Quiche