Albany Residential College

Menu Planner Term 3, 2024
Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Pasta Bake and Garlic Bread	Roast With Potatoes veggies Gravy and Yorkshire pudding	Chicken Parmi With Veggie and Salad	Nacho's Corn Chips Sour Cream and Cheese Salads	Fish and Chips Salads	Pizza And Salad	Beef Stew with Rice and Veggies
Dessert	Panna Cotta	Chocolate mousse	Ice-cream	Fruit Salad and Custard	Chocolate Cake	Lemon Tarts	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Sweet/Sour Chicken with rice and Veggies	Roast With Potatoes veggies Gravy and Yorkshire pudding	Pad Thai	Spaghetti Bolognese	Fish and Chips Salads	Steamed Dumpling	San Choy Boy with Steamed Buns and Veggies
Dessert	Apple Crunch Cake and Cream	Jelly and Custard	Ice-Cream	Chocolate Mousse	Meringue Pies	Lemon Ricotta Cake	Chocolate Brownies
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Curry with Steamed Veggies and Sticky Rice	Roast With Potatoes veggies Gravy and Yorkshire pudding	Soup Night with Homemade Bread	Meatballs with Spaghetti or rice and Veggies	Chicken and Chips with Salad	Pizza and Salad	Cottage Pie with Veggies
Dessert	Blueberry/ White Chocolate Cobbler	Cheesecake	Ice-Cream	Churro's	Apple Crumble	Ice-Cream	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Roast With Potatoes veggies Gravy & Yorkshire pudding	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Chicken Kiev and Potato Bake and Veggies	Lasagne with Garlic Bread and Salad	Bangers and Mash with onion gravy and Steamed Veggies	Roast With Potatoes veggies Gravy and Yorkshire pudding	Steak and Chips with Salad	Poke Bowls	Burrito Night
Dessert	Custard Slice	Lemon Slice	Ice-Cream	Chocolate Cake	Jelly and Custard	Ice-Cream	Fruit Crumble with Cream
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 5

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Pasta Bake and Garlic Bread	Roast With Potatoes veggies Gravy and Yorkshire pudding	Chicken Parmi With Veggie and Salad	Nacho's Corn Chips Sour Cream and Cheese Salads	Fish and Chips Salads	Pizza And Salad	Beef Stew with Rice and Veggies
Dessert	Panna Cotta	Chocolate mousse	Ice-cream	Fruit Salad and Custard	Chocolate Cake	Lemon Tarts	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Sweet/Sour Chicken with rice and Veggies	Roast With Potatoes veggies Gravy and Yorkshire pudding	Pad Thai	Spaghetti Bolognese	Fish and Chips Salads	Steamed Dumpling	San Choy Boy with Steamed Buns and Veggies
Dessert	Apple Crunch Cake and Cream	Jelly and Custard	Ice-Cream	Chocolate Mousse	Meringue Pies	Lemon Ricotta Cake	Chocolate Brownies
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 7

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Curry with Steamed Veggies and Sticky Rice	Roast With Potatoes veggies Gravy and Yorkshire pudding	Soup Night with Homemade Bread	Meatballs with Spaghetti or rice and Veggies	Chicken and Chips with Salad	Pizza and Salad	Cottage Pie with Veggies
Dessert	Blueberry/ White Chocolate Cobbler	Cheesecake	Ice-Cream	Churro's	Apple Crumble	Ice-Cream	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Roast With Potatoes veggies Gravy & Yorkshire pudding	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Chicken Kiev and Potato Bake and Veggies	Lasagne with Garlic Bread and Salad	Bangers and Mash with onion gravy and Steamed Veggies	Roast With Potatoes veggies Gravy and Yorkshire pudding	Steak and Chips with Salad	Poke Bowls	Burrito Night
Dessert	Custard Slice	Lemon Slice	Ice-Cream	Chocolate Cake	Jelly and Custard	Ice-Cream	Fruit Crumble with Cream
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 9

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Pasta Bake and Garlic Bread	Roast With Potatoes veggies Gravy and Yorkshire pudding	Chicken Parmi with Veggie and Salad	Nacho's Corn Chips Sour Cream and Cheese Salads	Fish and Chips Salads	Pizza and Salad	Beef Stew with Rice and Veggies
Dessert	Panna Cotta	Chocolate mousse	Ice-cream	Fruit Salad and Custard	Chocolate Cake	Lemon Tarts	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 10

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Sweet/Sour Chicken with rice and Veggies	Roast With Potatoes veggies Gravy and Yorkshire pudding	Pad Thai	Spaghetti Bolognese	Fish and Chips Salads	Steamed Dumpling	San Choy Boy with Steamed Buns and Veggies
Dessert	Apple Crunch Cake and Cream	Jelly and Custard	Ice-Cream	Chocolate Mousse	Meringue Pies	Lemon Ricotta Cake	Chocolate Brownies
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo

Albany Residential College

Menu Planner Term 3, 2024
Week 11

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Continental breakfast	Continental breakfast	Cooked breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Lunch	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Self-Packed lunch from College	Toasted Sandwiches/Wraps Salad and fruit	
Afternoon	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Selection of fruits, crackers and homemade cakes and biscuits	Dining room Fridge available with yoghurt, Fruit, Leftover meals flavoured Milk and fruit juice	
Dinner	Curry with Steamed Veggies and Sticky Rice	Roast With Potatoes veggies Gravy and Yorkshire pudding	Soup Night with Homemade Bread	Meatballs with Spaghetti or rice and Veggies	Chicken and Chips with Salad	Pizza and Salad	Cottage Pie with Veggies
Dessert	Blueberry/White Chocolate Cobbler	Cheesecake	Ice-Cream	Churro's	Apple Crumble	Ice-Cream	Trifle
Supper	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo	Seasonal fresh fruits Assorted biscuits Milk, Milo