

Esperance Residential College

Week 9, 2024 meal planner

Day	Breakfast	Lunch	Dinner	Sides	Dessert
Monday	Cooked Breakfast Buffet	Recess - Mud Muffins, Le Snacks Lunch - Chicken Wraps	Lamb Curry	Rice, Sambals	Jam Sponge Cake with Custard
Tuesday	Healthy Breakfast	Recess – Homemade LCM Bars, Vegie Chips Lunch – Mexican Tuesday	Greek B-B-Q	Greek Salad	Greek Honey Cake
Wednesday	Cooked Breakfast Buffet	Recess – Homemade Slice, Rice Crackers Lunch – Famous Beef Pie, Giant S/Roll	Roast Pork	Roast Potato, Rice, Crackling, Roasted Carrots, Cauliflower Cheese	Danish Pastry with Custard
Thursday	Healthy Breakfast	Recess – Homemade Slice, Pizza Shapes Lunch – Quiche and Salad	Chicken Pasta	Pumpkin Gnocchi, Broccolini	Ice Cream on a stick
Friday	Cooked Breakfast Buffet	Recess – Homemade Slice, Vegie Straws Lunch – Assorted Pizza		S Awards Dinne	333 <u>333</u> er 3 <u>333</u>
Saturday	Healthy Breakfast	Sausage Rolls	Pork Belly	Fried Rice	Milkshakes
Sunday	Healthy Breakfast	Chicken Caesar Salad	Roast Chicken	Roast Pumpkin, Carrot, Peas and Potatoes with Gravy	Cupcakes