

Moora Residential College – Term 3, 2024

| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------|----------------------|------------------|---------------------|----------------------|-------------------|-----------------------------|----------------------------|
| Breakfast | Continental | Continental | Continental | Continental | Cooked | Continental | Continental |
| Lunch | Pies/Sausage Rolls | Make own lunch | Make own lunch | Make own lunch | Make own lunch | Soup and toasted sandwiches | BLT's |
| Dinner | Spaghetti Bol | Tacos | Steak and Chips | Roast Chicken | Red Curry Chicken | Mongolian Stir-fried beef | Fried rice with fried pork |
| Vegetables | Crusty Bread / Salad | Coleslaw | Fresh salads | Roast Vegetables | Rice | Salad platter | Rice |
| Sweets | Apple Crumble | Chocolate Mousse | Sticky Date Pudding | Ice-Cream & toppings | Fresh fruit | Yoghurt and jelly | Ice cream cones |
| Supper | Milk shakes | Cheese Board | Banana Split | Pikelets | Hot finger food | Cheese Toasties | Pin Wheels |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------|----------------|----------------------|-------------------|-------------------------|---------------------|----------------------|-----------------|
| Breakfast | Continental | Continental | Continental | Continental | Cooked | Continental | Continental |
| Lunch | Hot Dogs | Make own lunch | Make own lunch | Make own lunch | Make own lunch | Pies / Sausage Rolls | Hot Chips |
| Dinner | Chops | Chicken chilli wraps | Curried Sausages | Roast Beef | Macaroni Cheese | Butter Chicken | Pad Thai / Pork |
| Vegetables | Vegetables | Salads | Vegetables / Rice | Roast Vegetables | Fresh bread | Rice | Rice / Salad |
| Sweets | Fresh Fruit | Cheesecake | Jelly | Ice cream & toppings | Sticky Date Pudding | Custard Cake | Mousse |
| Supper | Cheese platter | Small quiches | Muffins | Cocktail franks in buns | Cheese on toast | Rock Cakes | Brownies |

All meals will include a vegetarian, gluten free and / or dairy free option, depending upon the dietary needs of the students.