



Esperance Residential College Week 6, 2024 meal planner

Day	Breakfast	Lunch	Dinner	Sides	Dessert
Monday	Cooked Breakfast Buffet	Rolls with salad	Steak pinwheels	Mash and vegetables	Ice Cream on a stick
Tuesday	Healthy Breakfast	Sandwiches with Salad	Butter chicken	Rice and naan bread	Custard
Wednesday	Cooked Breakfast Buffet	Rolls with salad	Pasta bake	Salad selection	Peach cake with vanilla frosting
Thursday	Healthy Breakfast	Sandwiches with Salad	Burrito crusted stuffed chicken breast	Salsa and corn chips	Fruit salad with sweet cream
Friday	Cooked Breakfast Buffet	Pies and sausage rolls	Egg fritters and sausages	Wedges and salad	Fruit punch
Saturday	Healthy Breakfast	Ham and cheese toasties	Spaghetti Bolognese	Garlic Bread, Garden Salad	NIL
Sunday	Healthy Breakfast	Pies and sausage rolls	Nasi goreng with diced beef	Salad bar	NIL