

Narrogin Residential College

MEAL PLANNER

Week Nine
10-6 ~ 16-6



	BREAKFAST	MORNING TEA	LUNCH	DINNER	DESSERT	SUPPER
M o n	Cold Breakfast	Processed Snacks	Make Your Own	Hamburgers & Salad	Fruit & Custard	Cracker & Cheese Portions
T u e	Coco-pop day	Popcorn	Make your Own	He Te Min, Lamb Casserole, Potato Bake & Salad	Ice Cream	Platter
W e d	Cooked Breakfast	Quiche	Make Your Own	Beef Brisket, Mashed potato, Pasta bake, Veg & Salad	Butterscotch Impossible Pie	Fruit Platter
T h u r	Cold Breakfast	Processed Snacks	Make your Own	Crumbed Steak, Potato Bake, Gravy & Veg	Mousse & Biscuit Slice	Cheesies
F r i	Cold Breakfast	Spring Rolls	Make Your Own	Chicken Enchiladas, Mexican Rice & Salad	Bread & Butter Pudding	Biscuits
S a t	Cold Breakfast	X	Cob loaf, Wedges, Kiev Balls & Salad	Supervisors Choice	Frozen Yogurt	Slice
S u n	Cold Breakfast	X	Pies, Pasties & Sausage rolls	Fish & Chips & Salad	Cake & Cream	Muffins

